

1 of your  
5 a day

# Heinz

## Do you find it tricky making vegetables appealing to your child?

At Heinz we understand that meal times can sometimes start to feel like a bit of a battleground, but with our help you won't have to spend every day brawling over brussels sprouts or screaming over steaming cabbage. Heinz pasta products are a tasty alternative to help your child get one of their five servings of fruit and vegetables a day. Kids love the taste – meaning fewer headaches at meal times for you!

Heinz's secret sauce is chock full of tomatoes, making products like our Heinz pasta in tomato sauce an appealing alternative to piles of boiled carrots and frozen peas for little tums. What's more, our Hoops and Spaghetti in Tomato Sauce are also:



Low in sugar



Low in fat



Contains  
no artificial  
colours



No  
artificial  
flavourings



Free from  
artificial  
preservatives



Our pasta meals can also be used as a versatile ingredient to add extra goodness to favourite family recipes. They are perfect for times when you simply don't have the time to cook but still want tasty meals for your family. These quick and simple recipes will have your kids clearing their plates, taking the stress out of meal times for you.

Select from a range of great Heinz products to help your child on their way to five a day:

- Heinz Spaghetti in Tomato Sauce (200 g / 415 g)
- Heinz Spaghetti Hoops in Tomato Sauce (200 g / 415 g)
- Heinz Alphabetti
- Heinz Numberetti
- Heinz Beef Ravioli
- Heinz Cheese & Tomato Ravioli
- Heinz Spaghetti Plus Sausages (200 g / 415 g)
- Heinz Spaghetti Plus Meatballs
- Heinz Spaghetti Plus Pepperoni



Meatball Parcels

For delicious recipe suggestions using these great  
Heinz products visit [www.heinz.co.uk](http://www.heinz.co.uk)